

# Washington National Cathedral

The Third Sunday in Lent

The Holy Eucharist

March 23, 2014 • 11:15 am

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## THE ENTRANCE RITE

### **ORGAN VOLUNTARY**

*Fantasia Chromatica*

Jan Pieterszoon Sweelinck (1562-1621)

### **INTROIT**

*Remember not, Lord, our offenses*

Henry Purcell (1659-1695)

Remember not, Lord, our offences,  
nor the offences of our forefathers;  
neither take Thou vengeance of our sins,  
but spare us, good Lord, spare Thy people,  
whom Thou hast redeemed with Thy precious blood,  
and be not angry with us for ever.  
Spare us, good Lord.

### **PROCESSIONAL HYMN 686**

*Come, thou fount of every blessing*

*Sung by all, standing.*

*Nettleton*

### **OPENING ACCLAMATION**

Bless the Lord who forgives all our sins.  
**God's mercy endures for ever.**  
To you, O Lord, I lift up my soul;  
**O God, in you I trust.**  
You are the God of my salvation;  
**To you, O Lord, I lift up my soul.**  
In you I hope all the day long;  
**O my God, in you I trust.**  
Remember, Lord, your compassion and love,  
for they are from everlasting.  
To you, O Lord, I lift up my soul;  
**O my God, in you I trust.**

### **INVITATION TO CONFESSION**

Compassion and forgiveness belong to the Lord our God, though we have rebelled against him. Let us then renounce our willfulness and ask God's mercy by confessing our sins in penitence and faith.

### **CONFESSION AND ABSOLUTION**

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### TRISAGION

*Cantor sings first, then all repeat twice.*

Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One,  
have mer - cy up - on us.

## THE WORD OF GOD

### THE COLLECT OF THE DAY

The Lord be with you.  
**And also with you.**  
Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*The people are seated for the readings and psalm.*

### THE FIRST READING

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.  
**Thanks be to God.**

### PSALM 95

plainchant

Come; let us sing to the Holy One; let us shout for joy to the Rock of our salvation. Let us come before God's presence with thanksgiving and raise a loud shout with psalms. For you, O God, are a great God; you are great above all gods. In your hands are the caverns of the earth, and the heights of the hills are yours also. The sea is yours, for you made it, and your hands have molded the dry land. Come let us bow down and bend the knee, and kneel before God, our Maker. For you are our God, and we the people of your pasture and the sheep of your hand. Oh, that today we would hearken to your voice! Harden not your hearts, as your forebears did in the wilderness, at Meribah, and on that day at Massah, when they tempted me. They put me to the test, though they had seen my works. Forty years long I detested that generation and said, "This people are wayward in their hearts; they do not know my ways." So I swore in my wrath, "They shall not enter into my rest."

**THE SECOND READING**

Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

Thanks be to God.

*The people stand to sing and remain standing for the Gospel.*

**HYMN AT THE SEQUENCE**

*I heard the voice of Jesus say*

*Kingsfold*

1. I heard the voice of Je - sus say, "Come un - to me and rest;  
 2. I heard the voice of Je - sus say, "Be - hold, I free - ly give  
 3. I heard the voice of Je - sus say, "I am this dark world's light;

and in your wea - ri - ness lay down your head up - on my breast."  
 the liv - ing wa - ter; thirst - y one, stoop down and drink, and live."  
 look un - to me, your morn shall rise, and all your days be bright."

I came to Je - sus as I was, so wea - ry, worn, and sad;  
 I came to Je - sus, and I drank of that life - giv - ing stream;  
 I looked to Je - sus, and I found in him my Star, my Sun;

I found in him a rest - ing place, and he has made me glad.  
 my thirst was quenched, my soul re - vived, and now I live in him.  
 and in that light of life I'll walk till trav'l - ing days are done.

**THE HOLY GOSPEL**

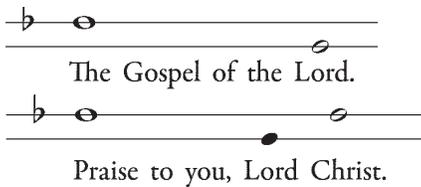
John 4:5-42

The Holy Gospel of our Lord Jesus Christ ac - cord - ing to John.

Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?"

(Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."



*The people are seated at the invitation of the preacher.*

**THE SERMON**

Canon Cope

*The people stand.*

**THE NICENE CREED**

We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father;  
through him all things were made.

For us and for our salvation he came down from heaven,

was incarnate of the Holy Spirit and the Virgin Mary and became truly human.  
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.

## THE PRAYERS OF THE PEOPLE

*After each intercession,*  
Lord, in your mercy,  
Hear our prayer.

*The presider prays the concluding collect, and the people respond, Amen.*

## THE PEACE

The peace of Christ be always with you.  
And also with you.

*The people greet one another with a sign of God's peace and then are seated.*

## THE OFFERTORY

*The people remain seated while an offering is collected to support the Cathedral's ministry of sharing God's love with the world.*

## ANTHEM AT THE OFFERTORY

*Like as the hart*

Herbert Howells (1892–1983)

Like as the hart desireth the waterbrooks, so longeth my soul after thee, O God. My soul is athirst for God, yea, even for the living God. When shall I come to appear before the Presence of God? My tears have been my meat day and night, while they daily say unto me, "Where is now thy God?"

—*Psalm 42: 1–3*

*The people stand for the presentation hymn and remain standing.*

## HYMN AT THE PRESENTATION 706

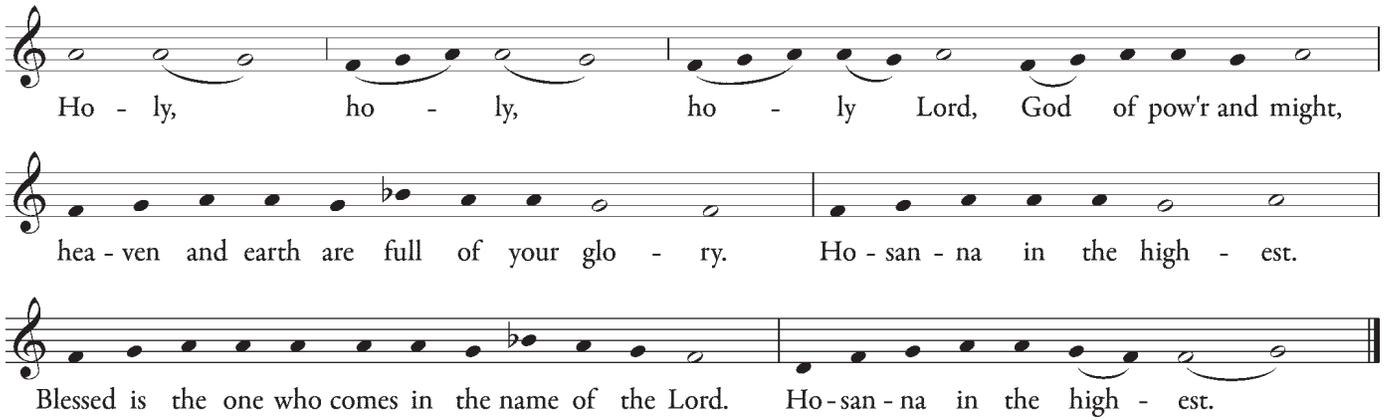
*In your mercy, Lord, you called me*

*Halton Holgate*

## THE HOLY COMMUNION

The Lord be with you.  
And also with you.  
Lift up your hearts.  
We lift them to the Lord.  
Let us give thanks to the Lord our God.  
It is right to give God thanks and praise.

*The presider offers our thanks to God for the grace and mercy made available to us in Christ, and in response we sing:*



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,  
hea - ven and earth are full of your glo - ry. Ho - san - na in the high - est.  
Blessed is the one who comes in the name of the Lord. Ho - san - na in the high - est.

*The presider gives thanks to God for the reconciling work of Christ's passion and resurrection and prays over the bread and wine.*

Therefore we proclaim the mystery of faith:  
**Christ has died. Christ is risen. Christ will come again.**

We celebrate the memorial of our redemption, O Gracious God, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him.

**Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal reign.**

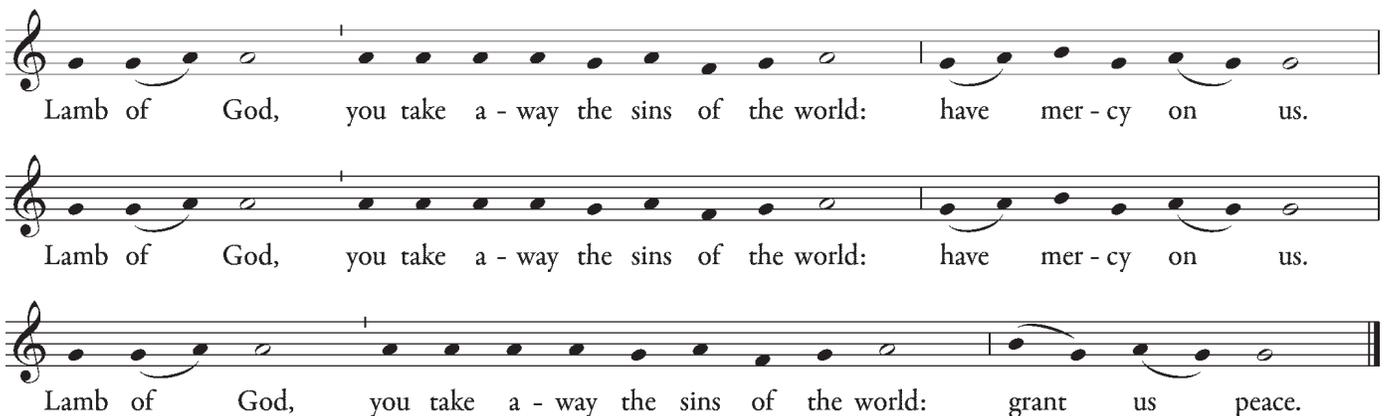
All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **AMEN.**

### **THE LORD'S PRAYER**

As we join our prayers with those of the Church Universal, so we say, each in our own language, the prayer that Jesus Christ has taught us,  
Notre Père..., Padre nuestro..., Vater unser...,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **THE BREAKING OF THE BREAD AND THE FRACTION ANTHEM**



Lamb of God, you take a - way the sins of the world: have mer - cy on us.  
Lamb of God, you take a - way the sins of the world: have mer - cy on us.  
Lamb of God, you take a - way the sins of the world: grant us peace.

**INVITATION**      *The people are seated.*

*All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Gluten-free wafers are available; please make your need known to the minister. If you desire to receive prayers for healing, you are invited to proceed to War Memorial Chapel after receiving Holy Communion.*

**THE ANTHEM DURING THE COMMUNION**

*Super flumina Babylonis*

Giovanni Pierluigi da Palestrina (1525-1594)

Super flumina Babylonis, illic sedimus et flevimus, dum recordaremur tui, Sion. In salicibus in medio ejus, suspendimus organa nostra.

*By the streams of Babylon we sat down and wept when we remembered you, O Zion. Among the willows on its banks we hung our harps.*  
—Psalm 137: 1-2

*The people stand.*

**POSTCOMMUNION PRAYER**

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the evil one, and with pure hearts and minds to follow you, the only God: through Jesus Christ our Lord. Amen.

**BLESSING**

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him: and the blessing of God; Father, Son, and Holy Spirit, be with you now and forevermore. Amen.

**DISMISSAL**

*Gospeller*

Let us bless the Lord.

*People*

Thanks be to God.

**CLOSING HYMN 690**      *Sung by all.*  
*Guide me, O thou great Jehovah*

*Cwm Rhondda*

**ORGAN VOLUNTARY**

*Fugue in B minor, BWV 544*

Johann Sebastian Bach (1684-1750)

**WORSHIP LEADERS** Rev. Canon Kim Turner Baker, Rev. Canon Gina Gilland Campbell, Rev. Canon Jan Naylor Cope, Rev. Richard G. Kukowski, Cathedral Singers

**FLOWER GIFTS** In the mid-nave, the Lenten pedestals of branches are given in loving memory of Mary Ashley Scarborough. *In accordance with the Cathedral practice of bare altars during the Lenten season, all Flower Endowments during Lent will be named in the leaflet and honored at Easter. Gifts for Easter flowers may be sent to the Washington National Cathedral Altar Guild, Massachusetts and Wisconsin Avenues NW, Washington, DC 20016. To be included in the Easter service leaflet, gifts must be received by March 28.*

**PERMISSIONS** *Holy, holy, holy Lord: Sanctus.* Music: Plainsong; Mass 18; adapt. Mason Martens (1933-1991) Copyright:© 1983 Mason Martens. Reprinted under OneLicense.net #A-7092803. Fraction Anthem: *Lamb of God: Agnus Dei.* Music: Anaphora chant; Mass 18; adapt. Mason Martens (1933-1991) Copyright: © 1984 Mason Martens. Reprinted under OneLicense.net #A-7092803. *I heard the voice of Jesus say.* Horatius Bonar (1808-1889), alt. Music: *The Third Tune*, Thomas Tallis (1505?-1585?); ed. John Wilson (1905-1992) By permission of Oxford University Press.. Reprinted under OneLicense.net #A-7092803. Post-communion prayer and blessing from: *Common Worship: Times and Seasons*, copyright © The Archbishops' Council 2006.

# HOLY WEEK & EASTER

at WASHINGTON NATIONAL CATHEDRAL

## The Sunday of the Passion: Palm Sunday - April 13

APR  
13

Holy Eucharist and the Liturgy of the Palms • 8 am & 11 am

St. John Passion • 4 pm

The Washington National Cathedral Combined Choirs and Baroque Orchestra perform under conductor Canon Michael McCarthy with soloists Rufus Müller, evangelist; Elizabeth Cragg, soprano; Nicholas Phan, tenor; and Christòphoren Nomura, bass. Tickets available at the door.

## Monday, April 14 and Tuesday, April 15

APR  
14/15

Choral Evensong • 5:30 pm

Choral Evensong with Cathedral Singers featuring plainsong chant. Canticles and anthems prepare for the intensity of the days to come.

## Maundy Thursday - April 17

APR  
17

Holy Eucharist with Foot Washing • 7:30 pm

Silent Vigil with Reserve Sacrament (St. John's Chapel) • 9-11 pm

## Good Friday - April 18

APR  
18

The Liturgy of Good Friday: The Three Hours Service • Noon

Meditation and prayer during the first, second, and third hours with Holy Communion administered from the reserved Sacrament during the third hour.

When it Was Evening: A Meditation for Good Friday • 6:30 pm

In quiet darkness, the Good Friday evening service includes prayer, scripture, Taizé chant, and meditation. At the conclusion of this service, St. Joseph's Chapel is open for meditation. Healing ministers are available to pray with those who desire prayers for healing of mind, body, or spirit.

*Following both services, clergy are available in Resurrection Chapel to offer the rite of reconciliation for those who desire to make a private confession.*

## Holy Saturday - April 19

APR  
19

The Great Vigil of Easter • 8 pm

This is the night when Christ broke the bonds of death and rose victorious from the grave. Hear the ancient stories of God's redeeming work, moving from darkness to light, from solemn chant to joyful song, and celebrate the glorious Resurrection. The Very Reverend Gary Hall preaches.

## The Sunday of the Resurrection: Easter Day - April 20

APR  
20

Festival Holy Eucharist (passes required) • 8 am & 11 am

The disciples' Easter proclamation, *The Lord is risen indeed*, belongs to all in the celebration of Jesus' victory over death and the grave. The Rt. Rev. Mariann Edgar Budde preaches at both services.

Easter Day Choral Evensong • 4 pm

Easter Day Organ Recital • 5:15 pm

Christopher Betts and Benjamin Straley perform, with special guest Chuck Seipp, trumpet



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